

## Prostate Cancer Survivorship Questionnaire

Following prostate cancer treatment, some patients may have prolonged sexual and bladder health concerns. Complete this questionnaire to assess your sexual and bladder health. If needed, treatments are available.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

My Urologist: \_\_\_\_\_

### Bladder Health Assessment

Answer the bladder health questions by checking the boxes and filling in your information.

|  |   |
|--|---|
| 1) How long ago did you complete your prostate cancer treatment?   | Years _____ Months _____  |
| 2) Do you experience urine leakage? If "Yes," proceed to the next question. If "No," disregard this assessment.                    | <input type="checkbox"/> Yes<br><input type="checkbox"/> No   |
| 3) Which symptoms best describe you? (Check all that apply)  | <input type="checkbox"/> Leakage with little or no warning (sometimes unable to make it to the bathroom in time)<br><input type="checkbox"/> Frequent urination (day, night or both)<br><input type="checkbox"/> Accidental leakage with physical activity (e.g., exercising)<br><input type="checkbox"/> Other _____ |
| 4) Do you wear pads or diapers, use a urine collection device or a penile clamp? (Check all that apply)                            | <input type="checkbox"/> Pads: how many per day _____<br><input type="checkbox"/> Diapers: how many per day _____<br><input type="checkbox"/> Urine collection device<br><input type="checkbox"/> Penile clamp  |
| 5) On a scale of 0 to 5, with 0 being no bother and 5 being extreme bother, how bothered are you by your bladder control symptoms? | 0    1    2    3    4    5  |

If you are interested in discussing your assessment results and learning about durable treatment options, call (817)871-9069 to make an appointment. Please bring your assessment to your appointment.

Please provide any additional information that you would like to discuss at your appointment: (Optional)

1. Cappelleri JC, Rosen RC. The Sexual Health Inventory for Men (SHIM): a 5-year review of research and clinical experience. *Int J Impot Res.* 2005 Jul-Aug;17(4):307-19.

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 MH-394728-AA JUN 2016