

Sexual Health Inventory for Men (SHIM)¹

Answer the sexual health questions by circling your answer and adding up your score.

1) How do you rate your confidence that you could get and keep an erection?				
Very Low	Low	Moderate	High	Very High
1	2	3	4	5

2) When you had erections with sexual stimulation, how often were your erections hard enough for penetration?				
Almost never or never	A few times	Sometimes	Most times	Almost always or always
1	2	3	4	5

3) During sexual intercourse, how often were you able to maintain your erection after you had penetrated your partner?				
Almost never or never	A few times	Sometimes	Most times	Almost always or always
1	2	3	4	5

4) During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?				
Extremely difficult	Very difficult	Difficult	Slightly difficult	Not difficult
1	2	3	4	5

5) When you attempted sexual intercourse, how often was it satisfactory for you?				
Almost never or never	A few times	Sometimes	Most times	Almost always or always
1	2	3	4	5

Total score: _____

The Sexual Health Inventory for Men (SHIM) classifies ED severity with the following breakpoints:

1–7: Severe ED 8–11: Moderate ED 12–16: Mild-moderate ED 17–21: Mild ED 22–25: No ED

6) Check any ED treatments you have tried:

Pills/Medication Vacuum Device Injection Therapy MUSE™ Other

If you are interested in discussing your assessment results and learning about durable treatment options, call **(817)871-9069** to make an appointment. Please bring your assessment to your appointment.

Please provide any additional information that you would like to discuss at your appointment: (Optional)